



The London Skating Club Presents “In The Loop”

A Message from the Editor:

My name is Breanne Layne and I have been a part of the London Skating Club for 10 years. I have spent many hours at the rink, participating in both singles skating, as well as synchronized skating. I will be in charge of creating and designing the London Skating Newsletter for the 2009/2010 season. I feel that is important to keep everyone informed of the events and accomplishments of the London Skating Club
SO... LET'S SKATE & COMMUNICATE!

A Message from the President:

Welcome to a new Skating year at the London Skating Club!

In May 2009, we held our Annual General Meeting for the membership. Congratulations to the skaters, volunteers and other award recipients, and to all recognized nominees for the awards. Whether you won or not, knowing you have been recognized by your peers and coaches for a terrific year is a large accomplishment.

Also at the meeting we appointed the new board members. This years board, made up entirely of volunteers, is already working hard to help this skating season to be one of the better ones we have had. All indications are we should have exciting improvements in many aspects of the club. Watch your newsletter and the club webpage (www.londonskatingclub.com) for updates and news announcements.

A few items we are working on include an off-ice program during one night of the winter session, the ability to receive twitter announcements for updates that are time sensitive (such as cancelled ice), and a volunteer registry to allow you to add your e-mail to receive opportunities to help the club and membership to name but a few I can commit to at this time.

In June I was the London Skating Clubs representative at the Skate Canada Annual General Meeting in Edmonton, Alberta. This five day event allowed us to learn exciting ways to improve our on-ice and off-ice operation of the CanSkate program, contemplated changes to the CanSkate / StarSkate / Competitive stream of Skate Canada, and exciting updates to the Skate Canada website that will, for example, allow people to watch free live streaming Skating Competition video's (similar to how CBC does it today) among other updates, training and announcements. Skate Canada is taking a real hard look at how to improve the entire skating program with the focus to allow skaters to better learn the basic skills early and to encourage people to be involved in skating for life. The Synchronized side of Skate Canada is now in the implementation phase of their review, and the Singles side is about 50% complete with the first implementation to begin in 2010. Change is stress but also needed to help the sport grow. The London Skating Club will be watching these changes closely and looking for ways to help reduce the stress of the change wherever we can.

One area the board this year will very watchful of is the current economic conditions. We will continue to look for better methods of program delivery and payment, continue to look for ways to allow you to help the club and earn credits at the same time, and continue to be very mindful of club expenditures to minimize any increases to the session rates. Thank you for your continued support of the London Skating Club and I look forward to seeing you all at the Arena over the course of the coming year. .

Stephen Komarnicky, President of The London Skating Club

**Congratulations to the following skaters
who were presented with Awards at the AGM:**

LSC Canskate Skater of the Year: Diana Clark
LSC Most Improved Canskate Skater- Adaira Nakano
BMO Canskate Skater of the Year- Aijah Regidor Vaz
BMO Champion – Hunter Murray
BMO Champion- Olivia Podkowka
Preliminary Skater of the Year- Michaela Walls
Preliminary Most Improved Skater of the Year- Deanna Gooden
Program Assistant of the Year- Shelby Komarnicky

Junior Skater of the Year- Natalie Kenzie
Most Improved Junior Skater- Olivia Akena & Emma Tiede
Intermediate Skater of the Year- Veronica Maurice
Most Improved Intermediate Skater- Haley Kriz
Senior Skater of the Year- Alexa Pravongviengkham
Most Improved Senior Skater- Brooke Marshall
Adult Most Improved Skater- Mr. Jim Smith
LSC Skater of the Year- Emily Galan
LCS Coach of the Year- Amanda Eccles & Aaron Stewart

Pre- Juvenile Synchronicity Skater of the Year- Diana Clark
Juvenile Synchronicity Skater of the Year- Olivia Akena
Novice Synchronicity Skater of the Year- Brooke Marshall
Junior Synchronicity Skater of the Year- Rochelle Hayward
Adult Synchronicity Skater of the Year- Elisha Matuszewski

LSC Special Recognition Awards:

Novice Synchronicity
George Tzortzis
Michaela and Scott Botsford
Alison Proudfoot
Cara Horan
Julia Horan

LSC Honorary Membership:

Massie Allen
Mary Burdon
Penny Proudfoot

LSC 60 Year Volunteer Recognition:

Evelyn Bastow

Evelyn Bastow Gala Bursary Fund

Bursaries:

Canskate Bursary- Diana Clark
Competitive Bursary – Michaela & Scott
Botsford
Competitive Synchro Bursary- Cara Horan,
Julia Horan, Allison Proudfoot

Congratulations to the following London Skating Club members who received their Skate Canada Gold Awards:

First Gold Awards:

Alexandria Desando- Skills
Clarisse Fata- Skills
Cassandra Harris- Skills
Shelby Nielson- Skills
Alexa Pravongviengkham

Second Gold Awards:

George Tzortzis- Interpretive (previously received gold skills)

Fourth Gold Award:

Ashley Hayward- ** Ashley is the 5th LSC member to receive quadruple gold status. **



Congratulations to all skaters who tested and passed their skating tests at the June 8th test day:

Test Day Results:

DutchWaltz:
Katia Derban
Haley Cramer
Tatianna Marshall
Jinha Lee
Lauren Fulawka
Angela Lee
Jeans Crawford
Serna Sargent

Canasta Tango:
Leanne Noel
Haley Cramer
Rachelle Marshall
Paige Morphew-smith
Sindy Duarte

Baby Blues:
Laura Stewart
Elizabeth Bourdea

Swing:
Deanne Gooden
Erin Cleary

Fiesta:
Ashley Davis

Willow:
Olivia Akena
Erika Lumsden

European:
Natalie Kenzie
Bev Dodge
Adriana Medina

Ten Fox:
Emma Millward
Isabelle Avola

Keats Foxtrot:
Kabrena Riley

Fourteen Step:
Erika Bourdeau

Rocker Foxtrot:
Kylie McDonald
Jessica Louro
Nicole Crowther
Madeline Tobin

American:
Cassandra Harris

Kilean:
Shelby Crampton
Brooke Marshall

Blues:
Shelby Crampton
Brooke Marshall

Quick Step:
Clarisse Fata

Preliminary Skills:
Sarah Taylor
Kristen Durrer
Rachel Marshall

Junior Bronze Skills:
Olivia Wells

Senior Bronze Skills:
Shayna Smith
Erika Bourdeau

Senior Silver Skills:
Vanessa Tran
Madeline Tobin
Shelby Crampton

Gold Skills:
Natasha Dolbeck

Junior Bronze Elements:
Nicole Crowther

Junior Bronze Freeskate:
Katie Graham

Senior Bronze Elements:
Adriana Medina
Kylie McDonald

Introduction Interpretive:
Shari Spada
Brooke Marshall

Gold Interpretive:
Clarisse Fata



Your LSC Board

President

Steve Kormarnicky

Vice President

David Proudfoot

Treasurer

Derek Everitt

Secretary

Cathy Kriz

Canskate Co-ordinator

Lisa Maurice

Session Co-ordinator

Anne McDougall

Synchro Representative

Deb Neale

H.O.M.E. Representative

TBA

Coach Liaison

Rick Crampton

Ice Convener

Brett Crowther

Test Chair

Chantalle Desbiens

Volunteer Co-ordinator

Elaine Desando

Newsletter

Breanne Layne

Web Master

David Proudfoot

Special Events**Co-ordinator**

Bev Dodge

Awards and Recognition

Shannon Tucker

Fundraising

TBA

London Skating Club Synchronized Skating Teams Invites
you to

Synchronicity 2009-2010 *Encore Audition*

Beginner, Juvenile and Pre-Novice Teams

Date: Tuesday, August 4, 2009

Time: 6:00-6:50pm

Location: Earl Nichols Arena, Pad 'A'

Cost: \$15.00

For more information:

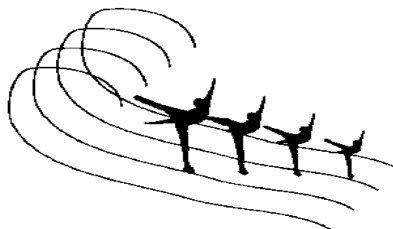
Contact Jamie - jamieoderkirk@hotmail.com

or visit: www.londonskatingclub.com/home/synchro



Did You Know???

- The first skates were made from the leg bones of large animals, where holes were made at each end of the bone and tied to each foot with leather straps.
- Ice dancers Torvill and Dean hold the record for most perfect 6.0's in amateur competition--approximately 155!
- American, Jackson Haines was known as the first skater to incorporate ballet and dance movements into his skating. Haines also invented the sit spin and developed a shorter, curved blade for figure skating that allowed for easier turns. He was also the first to wear blades that were permanently attached to the boot.





A Friendly Reminder:
 When filling out your test envelopes, please ensure that you are filling out all of the **required** information!!!



Skaters keep your eyes peeled for an upcoming date on the chance to enjoy an all day skating seminar with a **skating Champion!!**



Have any good **fundraising ideas?** Let the LSC board know about them!



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 London, Ontario
 N6E 1V0
 (519) 681-2640

(Located in Earl Nichols Arena)

- AXEL
- CAMEL
- COUNTER
- CROSSOVER
- FLIP
- FLYINGCAMEL
- FOOTWORK
- FREESKATE
- ICESKATE
- INTERMEDIATE
- JUNIOR
- JUVENILE
- LAYBACK
- LOOP
- LUTZ
- NOVICE
- PREJUVENILE
- PRELIMINARY
- ROCKER
- SALCHOW
- SENIOR
- SITSPIN
- THREeturn
- TOELOOP
- TOEPICK
- TOEWALLY
- WALTZJUMP

Try to find **all 27** words on this board.

Q	H	Q	C	O	U	N	T	E	R	L	Q	K	Q	P	N	D	Q	L	P
D	O	X	E	R	O	D	T	C	J	Z	C	K	M	X	I	Y	D	I	W
T	T	Y	E	V	O	J	M	E	N	I	P	U	F	P	C	T	J	S	Z
W	O	H	C	L	A	S	R	T	P	Q	J	E	L	X	J	I	E	U	T
G	Q	O	R	X	I	E	S	E	G	Z	Q	Y	W	S	X	W	M	M	U
S	Z	Z	G	T	E	N	O	O	T	K	F	J	U	A	R	T	Q	L	C
R	B	D	S	T	H	T	E	L	V	W	A	I	R	N	J	Q	E	H	E
O	B	P	B	B	O	V	A	V	Q	E	M	Q	Q	R	P	Q	D	G	G
I	I	K	N	E	J	W	X	I	U	H	R	Q	C	U	U	M	Q	E	
N	Y	L	L	D	H	B	E	V	D	J	S	G	O	T	O	E	S	L	T
E	M	O	U	V	L	B	L	I	U	E	E	V	T	E	E	T	C	K	A
S	O	B	N	D	J	I	S	N	M	V	M	R	K	E	C	A	E	C	K
P	F	H	Y	R	A	N	I	M	I	L	E	R	P	R	I	K	Z	A	S
B	H	O	D	O	O	R	K	S	I	A	Y	E	H	V	S	N	B	E	
S	A	K	P	C	R	U	Y	L	L	A	W	E	O	T	O	E	L	Y	E
U	I	W	M	K	G	X	W	X	O	C	X	E	M	A	N	C	N	A	R
Y	P	G	L	E	K	V	K	R	L	E	M	A	C	G	N	I	Y	L	F
U	I	Y	H	R	F	O	O	T	W	O	R	K	Y	Q	Q	V	O	U	L
H	D	U	U	Z	D	D	V	W	F	W	G	A	M	Z	S	O	G	T	I
D	U	U	J	E	W	X	A	X	C	Z	I	D	P	P	P	P	Q	Z	P



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 With Sk8Tape.
 Gives Skates
 A Bright Look
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